

Sunday

Monday


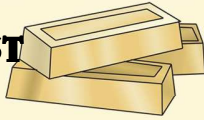
Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1 style="text-align: center;">JANUARY 2009</h1> <h2 style="text-align: center;">ACTIVITY CALENDAR – CEDARHURST</h2> 						
				<p>2:00 Bingo 3:00 New Year Tea Party</p> <p>Entertainment by Jack Garson (6:30pm – 7:30pm)</p> <p>New Year's Day</p>	<p>1</p> <p>10:30 Board Game 11:00 Reading Group 2:00 Art Work 4:00 Lawrence Welks Video</p>	<p>2</p> <p>10:30 Gentle Stretches 11:00 Trivia 2:00 Discussion Group 3:30 Hymn Sing</p>
<p>4</p> <p>10:00 Hour of Power 11:00 Indoor Walking 2:00 Art & Craft 3:30 News & Views</p>	<p>5</p> <p>10:30 Gentle Stretches 11:00 Current Events 2:00 Slide Show "Life at the Zoo" 4:30 Visit with Judy & Lacey</p>	<p>6</p> <p>2:00 Sing Along 3:30 Library Hour 3:30 Song Trivia 6:30 Canadian Destination Video "Nova Scotia"</p>	<p>7</p> <p>11:00 Gentle Stretches 2:00 Crossword Club 3:30 Afternoon Music 4:30 Scrabble</p>	<p>8</p> <p>10:30 Croquet 12:00 KFC Lunch 1:30 Card Game 3:30 Board Game</p>	<p>9</p> <p>10:30 Gentle Stretches 11:00 Word Game 2:00 Reading Club 3:30 Beauty Hour</p>	<p>10</p> <p>10:30 Active Game "Tennis Balloon" 11:00 Poetry Reading with Carro 2:00 Discussion Group 3:30 Knitting Club</p>
<p>11</p> <p>10:00 Hour of Power 11:00 Morning Reading 2:00 Bingo 3:30 Music Trivia</p>	<p>12</p> <p>10:30 Gentle Stretches 11:00 Current Events 2:00 Reminiscing with Music 4:30 Visit with Judy & Lacey</p>	<p>13</p> <p>1:00 Baking 2:00 Sing Along 3:00 January Birthday Party 6:30 Movie Night</p>	<p>14</p> <p>11:00 Gentle Stretches 12:00 Lunch with Rev. Miller 1:30 Church Service 4:30 Scrabble</p>	<p>15</p> <p>1:30 Card Game 3:30 Art & Craft 4:30 Library Hour 6:30 Let's Sing Again Video</p>	<p>16</p> <p>10:30 Fun & Fitness 11:00 Trivia 2:00 Reading Club 3:30 Beauty Hour</p>	<p>17</p> <p>10:30 Gentle Stretches 11:00 Baking 2:00 Discussion with Rob 3:30 Sing Along</p>
<p>18</p> <p>10:00 Hour of Power 11:00 News & Views 2:00 Afternoon Music with Clement 3:30 Board Game</p>	<p>19</p> <p>10:30 Gentle Stretches 11:00 Current Events 2:00 Word Spaghetti 3:30 Hymn Sing</p> <p>Dr. Martin Luther King, Jr. Day</p>	<p>20</p> <p>2:00 Sing Along 3:30 Name That Tune 4:30 Library Hour 6:30 Amazing Animal Video</p>	<p>21</p> <p>Outing "The Sound of Music" Princess of Wales Theater (11:30pm – 5:30pm)</p>	<p>22</p> <p>10:30 Active Game "Tennis Balloon" 11:00 Trivia 2:00 John Floyd on Piano 4:00 Poetry Club</p>	<p>23</p> <p>10:30 Gentle Stretches 11:00 Problem Solving Game 2:00 The Glee Club 3:30 Beauty Hour</p>	<p>24</p> <p>10:30 Chair Soccer 11:00 Word Game 2:00 Craft "Chinese Lantern" 3:30 Comedy Hour</p>
<p>25</p> <p>10:00 Hour of Power 11:00 Video "Mystery of The Bible" 12:00 Special Lunch "Chinese Food" 2:00 Entertainment "Chinese Dulcimer"</p>	<p>26</p> <p>10:30 Gentle Stretches 11:00 Current Events 2:00 Art Work 3:00 Chinese New Year Tea Party 4:30 Visit with Judy & Lacey</p> <p>Chinese New Year</p>	<p>27</p> <p>Brunch for A Bunch (12:00pm – 1:00pm)</p> <p>2:00 Sing Along 4:00 Library Hour 6:30 Travel Video "Windsor Castle"</p>	<p>28</p> <p>10:30 Trivia 11:00 Gentle Stretches 2:00 Crossword Club 4:30 Scrabble</p>	<p>29</p> <p>11:00 Baking 1:30 Church Service 2:00 Card Game 3:00 Wine & Cheese Party</p>	<p>30</p> <p>10:30 Fun & Fitness 11:00 Wheel of Fortune 2:00 Reading Club 3:30 Beauty Hour</p>	<p>31</p> <p>11:00 Gentle Stretches 1:30 Sunday School Visit 2:15 Travelogue 3:30 Board Game</p>