

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**July 2009**  
**ACTIVITY CALENDAR - CEDARHURST**

**1**  
**Entertainment by Jack Garson**  
 (10:30am – 11:30am)  
**12:00 BBQ Lunch**  
**2:00 Canadian Destination Video "O Canada"**  
 Canada Day

**2**  
 2:00 Bingo  
 3:30 Reminiscing with Music  
 4:30 Afternoon Walk  
 6:30 Comedy Hour

**3**  
 10:30 Gentle Stretches  
 11:00 Word Game  
 2:00 Hymn Sing  
 3:30 Beauty Hour

**4**  
 11:00 Board Game  
 2:00 Art Work  
**3:30 4th of July Movie Musical "Yankee Doodle Dandy"**  
 Independence Day

**5**  
 10:00 Hour of Power  
 2:00 Board Game  
 3:30 Afternoon Walk

**6**  
 11:00 Morning Walk  
 2:00 Art Work  
 3:30 Afternoon Music with Clement

**7**  
 11:00 Puzzle Mania  
 2:00 Sing Along with Bette  
 4:00 Library Hour

**8**  
 11:00 Morning Walk  
 2:00 Crossword Club  
 3:30 Scrabble

**9**  
 11:00 Board Game  
 2:00 Reading Club  
**3:00 Ice-cream Social**

**10**  
 11:00 Morning Walk  
**2:00 Musical Moments with Bette**  
 3:30 Beauty Hour

**11**  
 11:00 Board Game  
 2:00 Art Work  
 3:30 Sing Along "Music From the Heart"

**12**  
 10:00 Hour of Power  
 2:00 Board Game  
 3:30 Let's Sing Again Video

**13**  
 10:30 Gentle Stretches  
 11:00 Current Events  
 2:00 Word Spaghettis  
 3:30 Afternoon Music with Clement

**14**  
 1:00 Baking  
 2:00 Sing Along  
**3:00 July Birthday Party**  
 4:00 Library Hour

**15**  
 10:30 Gentle Stretches  
 11:00 Trivia  
 2:00 Crossword Club  
 4:00 Scrabble

**16**  
 11:00 Morning Walk  
**12:00 BBQ Lunch**  
 2:00 Avery on Piano  
**3:30 Slide Show with Lynne**

**17**  
 10:30 Gentle Stretches  
 11:00 Word Game  
 2:00 Bingo  
 3:30 Beauty Hour

**18**  
 10:30 Reading Club  
 2:00 Active Game – Indoor Golf  
 3:00 Board Game

**19**  
 10:00 Hour of Power  
 2:00 Art Work  
 3:30 Lawrence Welk Video

**20**  
 10:30 Gentle Stretches  
 11:00 Current Events  
 2:00 Wheel of Fortune  
 3:30 Afternoon Music with Clement

**21**  
 1:00 Baking  
 2:00 Sing Along with Bette  
 4:00 Library Hour  
 6:30 Movie Night

**22**  
 10:30 Gentle Stretches  
 11:00 Trivia  
 2:00 Crossword Club  
 4:00 Scrabble

**23**  
 11:00 Morning Walk  
**2:00 John Floyd on Piano**  
**3:00 Wine & Cheese Party**  
 6:30 Travel Video "Barcelona"

**24**  
 10:30 Gentle Stretches  
 11:00 Problem Solving Game  
**2:00 The Glee Club**  
 3:30 Beauty Hour

**25**  
 10:30 Reading Club  
**2:00 Slide Show "Waterfront Trail Adventure"**  
 3:00 Word Search

**26**  
 10:00 Hour of Power  
 2:00 Bingo  
 3:30 Board Game

**27**  
 10:30 Gentle Stretches  
 11:00 Current Events  
 2:00 Name that Tune  
 3:30 Afternoon Music with Clement

**28**  
 1:00 Baking  
**2:00 Afternoon Music with Sue & Bette**  
 4:30 Library Hour  
 6:30 Amazing Animal Video

**29**  
 10:30 Gentle Stretches  
 11:00 Trivia  
**2:00 Church Service**  
 4:00 Scrabble

**30**  
**Outing Picnic & Train Ride at High Park**  
 (11:00am – 2:00pm)  
**2:00 Travelogue with C.J.**  
 3:30 Avery on Piano

**31**  
 10:30 Gentle Stretches  
 11:00 Word Game  
 2:00 Sing Along  
 3:30 Beauty Hour

