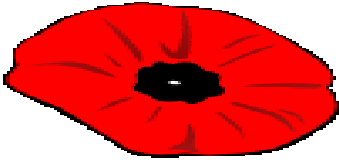


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Fall Back: Daylight Savings Time</b> 10:30: Religious programs on TV 10:30: Sing Along  <b>2:00 Entertainment with Clement</b> 3:30: Knitting 3:30: Board Games	<b>All Souls Day</b> 10:30: Knitting Club 2:00: Active Game 2:00: Scrabble with Sabine 3:30: Cards with Chris 6:30 Urban Myth Game	<b>Cliché Day</b> 10:30: Gentle Stretches and Ball Play 2:00 Sing Along with Susan 3:30: <b>Discussion</b> on Clichés	10:30: Indoor Walks 2:00: Active Game 3:30: Georgina Sings DVD 3:30: Jumble Puzzles 6:30: Reminiscing about Cooking	10:30: Active Game & Current Events <b>2:00: Crafters Corner: Decorating Door Hangers</b>  3:30: Sing Along DVD 3:30 Jumble Puzzle	<b>Hoop Day</b> 10:30: Basket Ball Game 2:00: Colour Bingo 2:00: Spelling Bee 3:30: Name Ten Game 3:30:Beauty Hour with Behiwot	10:30: Active Game  <b>2:00 Entertainment with Ron Castle</b> (Sheila's Son) 3:30: Sing Along DVD 3:30: Board Games 6:30 Tongue Twisters		
<b>Gone with the Wind Day</b> 10:30: Religious programs on TV 10:30: Sing Along 2:00: Movie Matinee: Gone with the Wind 3:30 Travel Video	<b>The Berlin Wall Came down</b> 10:30: Knitting Club <b>2:00: Crafters Corner Making a Mural</b> 2:00: Scrabble with Sabine 3:30: Cards with Chris 6:30:Sing along	<b>Sandwich Day</b> 10:30: Gentle Stretches & Tuna Trivia 12:00: Lunch: <b>Tuna fish Sandwiches</b> 2:00 Sing Along with Susan 3:30: Red Skeleton 3:30: Word Spaghetti	<b>Remembrance Day</b> 10:30: Remembrance Day Observance on TV <b>2:00: Entertainment with Tina: Featuring</b> Remembrance Day songs 3:30: Andrea Bocelli DVD 3:30: Scrabble Cards	<b>Mock Tail Day</b> 10:30: Knitting Club <b>1:30: Church Service</b> <b>2:00: Happy Hour with Mock Tails</b> 3:30: Laughing with Lucy 3:30 Scrabble with Anastasia <b>6:30: The Fabulous Forties</b>	<b>Friday the 13<sup>th</sup> Day</b> 10:30: <b>Bean Bag Throw</b> <b>2:00:Discussion Facts and History of Friday the 13th</b> 3:30 Name Ten 3:30 Beauty Hour with Behiwot	10:30: Active Game  <b>2:00: Entertainment with Clement</b>  3:30 Laughing with Lucy DVD 3:30: Board Game		
<b>I love to Write Day</b> 10:30: Religious programs on TV 10:30: Sing Along DVD 2:00: Reading and Writing a poem  3:30: Laughing with Lucy 3:30: Board Games	<b>Memorabilia Monday</b> 10:30: Knitting Club 2:00: Active Game 2:00 Scrabble with Sabine 3:30 Cards with Chris 3:30: Jack Benny DVD 6:30: Reminiscing: Showing a Treasure	10:30: Gentle Stretches <b>1:00 – 4:30: Outing to O'Connor Bowl for a game of bowling (Volunteers needed please)</b> 2:00 Knitting Club	10:30: Fun and Fitness  2:00 Trivia 2:00 Knitting Club 3:30: Jack Benny DVD 3:30: Board Games	10:30: Knitting Club  2:00: John Floyd on Piano 3:30: Sing Along DVD 3:30: Scrabble with Anastasia 6:30: Hymn Sing	Puns Day 10:30: Mini Golf <b>2:00 Discussion Trivia about Puns</b>  3:30 Name 10 3:30: Board Games	10:30: Balloon Badminton  2:00 Colour Bingo 2:00: Word Spaghetti 3:30 Sing Along DVD 3:30: Scrabble & Matinee Movie		
10:30: Religious programs on TV 10:30: Sing Along 2:00: Colour Bingo 2:00: Board Games  3:30: Knitting 3:30: Crosswords	<b>Small Talk Day</b> 10:30: Knitting Club 2:00: Travelogue - Scotland 2:00 Scrabble with Sabine 3:30: Video of Ireland 3:30 Cards with Chris <b>6:30 Discussion: Small Talk Scenarios</b>	10:30: Fun and Fitness  <b>2:00 BINGO</b> 3:30: Sing Along DVD 3:30: Word Game	10:30: Active Game  2:00 Church Service 2:30: Trivia 3:30 John McDermott DVD <b>3:30: Word Game</b>	Happy Birthday Dorothy Walters! 10:30 Knitting Club <b>2:00: Dorothy's Birthday Celebration</b> <b>4:00: Urban Myth</b> <b>4:00: Scrabble</b> <b>6:30: 20 Questions Game/Trivia</b>	<b>Greek Day – OPA!!</b> 10:30: Gentle Stretches <b>12:00:Greek Lunch with Souvlaki, Greek Salad and honey Balls</b> 2:00 Video of Greece 3:30 Name 10 3:30 Movie Matinee: My Big Fat Greek	10:30: Active Games  <b>2:00 Entertainment with Clement</b>  3:30: Knitting Club 3:30: Board Games		
10:30: Religious Programs on TV 10:30: Sing Along 2:00: Active Games  3:30: Sing Along DVD 3:30: Board Games	10:30: Knitting Club  2:00: Crafters Corner 2:00 Board Game with Sabine 3:30: Cards with Chris 6:30: Hymn Sing	<b>Remembrance Day</b> 					<h1>NOVEMBER 2009</h1> <h2>Cedarhurst Activity Calendar</h2>	

