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## Helpful Internet Links

- The Alzheimer Society of Ontario  
[www.alzheimerontario.org](http://www.alzheimerontario.org)
- Alzheimer Society of Toronto  
[www.alzheimerontario.org](http://www.alzheimerontario.org)
- Alzheimer Society of York Region  
<http://www.alzheimer-york.com/>
- Ontario Seniors' Secretariat  
<http://www.culture.gov.on.ca/seniors/english/programs/>

[www.cedarhursthome.ca](http://www.cedarhursthome.ca)

## Message from the Chair

Happy New Year and best wishes for 2010.

The Ewart Angus Homes Board has just completed three Strategic Planning Sessions. We initiated this strategic planning process to review the strategies and goals for the organization and we have developed a three year plan for 2010–2013. We are grateful for the expertise and guidance of Chris Govern, our facilitator (from Management Advisory Service), who worked with us to help us think clearly about the future, set goals for our organization, and plot ways to move forward. Based on the three-year goals, we are now developing one-year goals and action plans to achieve our objectives.

We had a second successful meeting with families and friends of Cedarhurst residents on December 2. There was good discussion and we received



excellent input, all of which was very much appreciated. We look forward to future meetings.

All of us at Cedarhurst extend a very warm welcome to our new residents and their families and friends.

We are very proud of Cedarhurst and are always so pleased to see how well our residents adjust to their new home. We had a very happy evening "Trimming the Trees" at Cedarhurst on December 11th. The entertainment was great, the food was delicious and

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there was a lovely atmosphere of joy. Staff, families and Board members went back and forth between the two floors enjoying the evening.

*Monica Williams,  
Chair, Board of Directors*



## Executive Director's Report

As we begin a new year, and a new decade, we at Cedarhurst continue to take pride in the excellence of care and the high quality services we provide. As part of the team at Cedarhurst, I am privileged to have the opportunity to work with our residents.

We accomplished a great deal over the past year, including a major undertaking during the H1N1 season when Cedarhurst revised its Infection Control Policy into a complete Pandemic Plan. This was a collaborative effort with the support of the Care Provider and our Property Management.

Ewart Angus Homes Inc. continues to streamline policies and procedures to ensure ongoing quality of care and services for our residents. Families

will be notified of the development of any new policies or changes to existing policies.

As the tax time approaches, I would like to remind family members to consult with the Canada Revenue Agency to find out if you are eligible for tax claims relating to expenditures for care at Cedarhurst. If you are eligible, please inform me and we will provide you with the standard documents from Cedarhurst.

We organize and provide a full slate of stimulating and exciting activities for our residents all year round. Please visit our website ([www.cedarhursthome.ca](http://www.cedarhursthome.ca)) for our monthly activity calendar.

I wish you all a happy New Year and a great winter season!

*Deborah Mahendrarajah*



## Cedarhurst Board of Directors

Monica Williams, *Chair*  
Peter Long, *Past Chair*  
Doug Carr  
Gerry Cooper  
Gene Farley  
Betty Heining  
Geegee Mills  
Angela Morris  
Alan Morson  
Emrick Suichies

### Mission Statement

Ewart Angus Homes provides compassionate, innovative, supportive care for people with Alzheimer Disease in a secure, dignified residential environment. Our approach to our residents' daily life activities promotes independence and quality of life for residents and peace of mind for their families.

### Vision Statement

Ewart Angus Homes is the nationally-recognized model for delivery of stimulating residential care for individuals living with Alzheimer Disease.

## Special Events

### January

- Italian Day
- Robbie Burns Day with the Troilette Group

### February

- Valentine's Day
- Chinese New Year

- Cedarhurst Olympics with games and medals
- Outing: Jersey Boys Musical

### March

- St. Patrick's Day Entertainment
- Passover Celebration
- Outing: Bowling

## Family Resources in the Community

**Betterliving:** Health and Community Services for transportation, adult day services, friendly visiting and social programs. Contact: 416 -447-7244; [www.betterlivinghealth.org](http://www.betterlivinghealth.org)

**Home Instead:** Senior Care for errands and appointments, companionship and assistance and more. Contact: 416-512-8989; [www.homeinstead.com](http://www.homeinstead.com)

**Iris Consulting for Seniors:** Life planning, elder planning and more. Contact: 416 -444-7598; [www.irisforseniors.com](http://www.irisforseniors.com)

**Integracare:** Contact: 416-421-4243

**Jayne-Ann Steele:** Home, community and long-term care specialist. Contact: 416-237-0447

**North York Seniors Centre:** Community support services/adult day services. Contact: 416-225-1231; [www.nyseniors.org](http://www.nyseniors.org)



## About Cedarhurst

Cedarhurst, one of the Ewart Angus Homes, is a secure, non-medical home exclusively for people with early-to-mid-stage Alzheimer's disease or related dementias who require supervision, support and some assistance with activities of daily living. Residents enjoy private rooms with ensuite bathrooms and inviting common areas, perfect for enjoying time with families and friends.

At Cedarhurst, residents are encouraged to be as involved in the activities of daily living as they are able. Our activation program is geared to the unique needs of adults with Alzheimer's disease and includes programs and activities tailored to meet the needs, interests and abilities of each resident.

Please visit our website at [www.cedarhursthome.ca](http://www.cedarhursthome.ca) or call us at **416-447-1474** for more information.



*Cedarhurst*

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