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Helpful Internet Links

- The Alzheimer Society of Ontario
www.alzheimerontario.org
- Alzheimer Society of Toronto
www.alzheimerontario.org
- Alzheimer Society of York Region
<http://www.alzheimer-york.com/>
- Ontario Seniors' Secretariat
<http://www.culture.gov.on.ca/seniors/english/programs/>

www.cedarhursthome.ca

Message from the Chair

It is with great pleasure that I introduce **Deborah Mahendrarajah** as our new Executive Director. Deborah brings considerable experience and expertise to the role as she has worked for many years in the Health Care field and has particular experience with people living with Alzheimer Disease and Dementia. Her work background is in the not-for-profit sector, specifically with seniors. Previously, she was the Director of Health and Senior Services at Warden Woods Community Centre. Her educational background is in Psychology, Social Work and Business. People who have worked with her comment on her empathy and her understanding of caregiver's need for support.

Since Deborah took on the position of Executive Director on July 6th she has come to know the residents and their families well. She has been able to accommodate their special needs and respond to many of the wishes of family members. I am very impressed



Deborah Mahendrarajah, Executive Director

by her sincerity and thoughtfulness. Deborah has taken over many of the responsibilities from the SPRINT senior supervisory staff, allowing them to enhance the wonderful care and activation which is already being provided and spend more time with the residents. Deborah is also working closely with our Property Manager to ensure that our building is kept in excellent condition

On behalf of the Board of Directors of Ewart Angus Homes I welcome Deborah as she brings a fresh new perspective to our homes.

Monica Williams, Chair, Board of Directors

Executive Director's Report

It has been a great opportunity to join a wonderful team of the Board of Directors and staff, all dedicated to fulfilling the Ewart Angus Homes Inc. mission and vision. This great organization provides high quality care for all its residents and is moving forward with a focus on continuous improvement.

This fall we achieved a full house occupancy rate at Cedarhurst. I would like to thank everyone for highly recommending Cedarhurst as the place for a balanced care approach for individuals with Alzheimer and Dementia.

Building connections with many hospitals, community networks and families is one of our priorities in the next fiscal year. This includes improvement in client care services, communication and relationships with families and the community.

It gives me great pleasure and an exciting sense of purpose to be part of an environment that makes such a difference in peoples' lives. Please keep your comments and suggestions coming to me, as it helps us to address any concerns you might have.

Deborah Mahendrarajah

Special Events

Family/Board Meeting

A special thank you to the family members and friends who attended the recent family /board meeting. At this meeting Ewart Angus Homes Board of Directors outlined the new Executive Director's roles and responsibilities. Many individuals provided considerable feedback. A box will be placed on the first floor for further comments.

October Events

- October 12 – Thanksgiving Entertainment
- October 15 – Apple picking trip
- October 21 – Full colour tour to Allan Gardens

Upcoming events

- November 2009 – Special Remembrance Day event
- December 2009 – Holiday Season celebrations and tree trimming party for the residents and families.



Cedarhurst

Cedarhurst Board of Directors

Monica Williams, *Chair*

Peter Long, *Past Chair*

Doug Carr

Gerry Cooper

Gene Farley

Betty Heiningering

Geegee Mills

Angela Morris

Alan Morson

Emrick Suichies

Robert Wepler

Mission Statement

Ewart Angus Homes provides compassionate, innovative, supportive care for people with Alzheimer Disease in a secure, dignified residential environment. Our approach to our residents' daily life activities promotes independence and quality of life for residents and peace of mind for their families.

Vision Statement

Ewart Angus Homes is the nationally-recognized model for delivery of stimulating residential care for individuals living with Alzheimer Disease.

New Activationist

A warm welcome to **Marian Chiaramonte**, the new activationist at Cedarhurst. She was formerly the weekend activationist at Ewart Angus.

Activationist Marian Chiaramonte chats with a resident



Fond Farewell

Leah Anne Chirico

While the Ewart Angus Inc. Board was responsible for building and furnishing Cedarhurst, Leah Anne was responsible for starting the program and managing the daily operations. Prior to its official opening, she spent long hours discussing design and implementation with Board members. She facilitated countless tours for prospective residents and their families, as well as health professionals as possible referral sources. Leah Anne conducted assessments for all residents to determine their needs and interests, monitored their health status, interacted with their physician and pharmacist when necessary, and held regular meetings with residents' families. Her passion for Cedarhurst was always in evidence when she spoke to groups or to individuals. Leah Anne left us to take on new responsibilities at SPRINT

Lukas Tjiong

Lukas started the activation program at Cedarhurst, bringing with him valuable experience as the former activationist at Ewart Angus and at the SPRINT Adult Day Program. He spent time getting to know the residents and learning about their interests and talents. The programming he developed was based on this knowledge and was designed to support memory and cognitive functioning. Lukas organized both small and large group activities including gardening, games, discussions, music, BBQs and various outings, in addition to birthday celebrations and special events for such occasions as Mother's Day and Valentine's Day. Lukas left us to start the activation program at SPRINT's new supportive housing project.

About Cedarhurst

Cedarhurst, one of the Ewart Angus Homes, is a secure, non-medical home exclusively for people with early-to-mid-stage Alzheimer's disease or related dementias who require supervision, support and some assistance with activities of daily living. Residents enjoy private rooms with ensuite bathrooms and inviting common areas, perfect for enjoying time with families and friends.

At Cedarhurst, residents are encouraged to be as involved in the activities of daily living as they are able. Our activation program is geared to the unique needs of adults with Alzheimer's disease and includes programs and activities tailored to meet the needs, interests and abilities of each resident.

Please visit our website at www.cedarhursthome.ca or call us at **416-447-1474** for more information.



Cedarhurst

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