



Contents

- Message from the Chair . . . 1
- Executive Director's Report . . . 2
- SPRINT NEWS
- Executive Director Retires . . . 3
- Queries on Donations . . . 3
- Upcoming Events . . . 4
- About Cedarhurst . . . 4

Helpful Internet Links

The Alzheimer Society of Ontario
www.alzheimerontario.org

Alzheimer Society of Toronto
www.alheimertoronto.org

Alzheimer Society of York Region
<http://www.alzheimer-york.com/>

Ontario Seniors' Secretariat
<http://www.culture.gov.on.ca/seniors/english/programs/>

www.cedarhursthome.ca

Message from the Chair

Our Board of Directors continues to make ourselves more informed about Alzheimer Disease and related Dementia. The media is much more informative now and is highlighting concerns about the future "gray tsunami" and the need to address the issues of people living with Alzheimer Disease and the impact on their families.

The Rising Tide: the Impact of Dementia on Canadian Society is an excellent outline of a study commissioned by the Alzheimer Society. It outlines Why Canada Must Act, What Can Be Done, What Has Been Done and How We Can Make a Difference. We have a copy in the Executive Director's office and you are welcome to borrow it.

You may have seen an article in *The Globe and Mail* on March 26, 2011 featuring Marc Wortmann, Executive Director of Alzheimer Disease International, in discussion with Andre Picard. In this article he says

that Canada needs a national strategy because "it provides a blueprint, it allows you to focus on what needs to be done."... "important elements: public education, investment in research, the need for early diagnosis, support for caregivers and providing appropriate care in the late stages of the disease." If you would like a copy, please call Deborah and she will send you one.

My father lived with Alzheimer Disease in the 1960s and at that time there was little information available and nowhere to turn for help. I felt

continued next page

Mission Statement

Ewart Angus Homes provides compassionate, innovative, supportive care for people with Alzheimer Disease in a secure, dignified residential environment. Our approach to our residents' daily life activities promotes independence and quality of life for residents and peace of mind for their families.

Vision Statement

Ewart Angus Homes is the nationally-recognized model for delivery of stimulating residential care for individuals living with Alzheimer Disease.

very much alone and helpless about how to care for him. How I wish that Cedarhurst had been an option then.

Deborah and I have attended a number of sessions where these issues are discussed and information is shared . At our board meetings we now devote part of each meeting to addressing these important issues, and also spend time

Executive Director's Report

We were privileged to work with Achieva Health over the past months as part of our continuing effort to enhance the overall well-being of our residents.

I wish to extend a big “thank you” to all the families who provided the necessary physiotherapy referrals for their residents. I hope that many more will benefit from individual and group physiotherapy in the months ahead.

We now plan to extend our foot care and physiotherapy services to our other location at Merton Street (Angus House).

Since March 2011, I have met with a number of families, along with our service provider staff, to provide

evaluating ourselves and how well we are doing as a non profit board.

I wish you well and assure you that our top priority is the care of our residents and support for families.

*Monica Williams,
Chair, Board of Directors*

updates on the residents’ progress and activities. I would like to express my heartfelt appreciation to the families who have taken the time to meet with us. We work hard to accommodate the busy schedules of families in arranging these meetings and will continue to do so until all residents’ progress has been reviewed and updated.

Private Caregiver Policy is complete and a few families have signed the Agreement of Terms and Conditions. I will be approaching the remaining families to complete the process before the end of June.

A feedback form will be shared and sent out for families’ comments and suggestions on our services at Cedarhurst. Please take advantage of this opportunity to share your experiences at Cedarhurst. This will



Cedarhurst

Cedarhurst Board of Directors

Monica Williams, *Chair*

Peter Long, *Past Chair*

Doug Carr

Stuart Douglas

Gene Farley

Sandra Lemon

Bill Martin

Angela Morris

Emrick Suichies

Ann Zerdin

help us to provide better service and improve our relationships with our families. For further announcements and information, please see the announcement section.

I wish you all a happy spring season!

*Deborah Mahendrarajah
Executive Director
Ewart Angus Homes Inc.*

SPRINT NEWS

Executive Director Retires

Jane Moore, SPRINT Executive Director, retires June 2011 after 23 years at the helm. Jane has wonderful memories of working over many, many meetings with members of Eglinton and St. George United Churches in the mid 1990s on a shared vision. The vision was to develop a special home for people with dementia who were physically well and thus did not need a nursing home, but who needed and would have a good quality of life in a secure, normalized environment. This environment would feature programming and activities specifically created to capitalize on any remaining residual strengths that people had in order to preserve these strengths to the greatest degree possible.

That vision resulted in the formation of the Ewart Angus Homes Board who bought property at 268 Merton and built a mixed use building of which two floors (four units) were designated for 24 seniors living with dementia.

In 1999/2000, a second home—Cedarhurst, was opened and again SPRINT has been contracted as service provider. It has been highly satisfying

for Jane to have been intimately involved in bringing about these unique dementia residences that provide exceptional quality of life to people living with dementia.

Jane is also delighted to note that her current Director of Operations, Stacy Landau, won the competition and has been appointed her successor. As the new SPRINT Executive Director Stacy looks forward to continuing to work with the Ewart Angus Homes Board and to continue as the service provider.

Queries on Donations

Tax receipts will be issued for all donations. If you are interested in making a donation to Cedarhurst, please make your cheque payable to Ewart Angus Homes Inc. For additional questions regarding the "how" and "what" of donations and gifts, please contact Deborah Mahendrarajah, Executive Director at 416-447-1474 ext 222. email: deborah@cedarhursthome.ca



The spring strawberry social is a much anticipated event enjoyed by residents and staff alike.

Upcoming Events

June

- Botanical Gardens Tour and Lunch at Edwards Gardens
- A visit to the home of one of our volunteers for a tour of their marvelous gardens and tea tasting
- Picnic and Stroll at Sunnybrook Park

July

- Wards Island Seniors Centre for BBQ, stroll along the boardwalk, cart ride of the Island, and Tai Chi
- Picnic and Stroll at the beach (Woodbine and Queen Street East)
- Musical: Come Fly Away

August

- High Park Stroll and Lunch
- Boat Cruise

About Cedarhurst

Cedarhurst, one of the Ewart Angus Homes, is a secure, non-medical home exclusively for people living with early to mid stage Alzheimer or related dementia who require supervision, support and some assistance with activities of daily living. Residents enjoy private rooms with ensuite bathrooms and inviting common areas, perfect for enjoying time with families and friends.

At Cedarhurst, residents are encouraged to be as involved in the activities of daily living as they are able. Our activation program is geared to the unique needs of adults living with dementia and includes programs and activities tailored to meet the needs, interests and abilities of each resident.

Please visit our website at www.cedarhursthome.ca or call us at **416-447-1474** for more information.



The Beauty Salon at Cedarhurst is a busy hub of activity

Please Note: Do Not Resuscitate Forms

Each Resident must have a DNR form, provided by their Power of Attorney for Personal Care, on file if they do not wish resuscitation measures be taken in the event of a health emergency. Please contact the Executive Director if you need a form.



Cedarhurst

2601 Bayview Avenue
Toronto, ON M2L 1B5