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Helpful Internet Links

- The Alzheimer Society of Ontario
www.alzheimerontario.org
- Alzheimer Society of Toronto
www.alzheimerontario.org
- Alzheimer Society of York Region
<http://www.alzheimer-york.com/>
- Ontario Seniors' Secretariat
<http://www.culture.gov.on.ca/seniors/english/programs/>

www.cedarhursthome.ca

Message from the Chair

As we move in to 2011, I want to extend to everyone my best wishes for the New Year.

Christmas and Hanukah celebrations at Cedarhurst and were enjoyed by all. Marian Chiramonte, our Activationist, continues to plan and implement new activities designed to meet the broad variety of needs of our residents. We appreciate all she does to advance this special aspect of our program

A number of new policies have been developed over the past year. If you would like to find out more about them please contact our Executive Director, Deborah Mahendrarajah. More information on policies is included in the announcements section of this issue.

Recently, we received two donations to Cedarhurst, one in memory of a former Board member and one from a family whose aunt has now moved to long-

term care. These donations are used to enhance our program for residents and are very much appreciated.

Our service provider staff from SPRINT continue to attend training sessions on dementia and emergency procedures.

Once again, I want to thank Diane Charter and Deborah for their work on the Newsletter

*Monica Williams,
Chair, Board of Directors*

Mission Statement

Ewart Angus Homes provides compassionate, innovative, supportive care for people with Alzheimer Disease in a secure, dignified residential environment. Our approach to our residents' daily life activities promotes independence and quality of life for residents and peace of mind for their families.

Vision Statement

Ewart Angus Homes is the nationally-recognized model for delivery of stimulating residential care for individuals living with Alzheimer Disease.

Executive Director's Report

The holiday season has now ended and a brand new year is ahead of us. We enjoyed wonderful celebrations and the staff worked hard to make it beautiful and very special.

On March 1st, we will begin working jointly with physiotherapists from Achieva which has signed an Agreement to provide physiotherapy for residents. Additional information will be sent to you in the next few weeks. This new service is designed to enhance the overall well-being of our residents. We will be studying fall prevention, and will be using strengthening methods to provide additional support for our residents.

We are in the process of revising the Activation Plan and each resident's plan will be individualized and updated by April, 2011. In addition, I will be scheduling family meetings to update residents' assessments in early March of this year. Please see the announcement section for additional information on items such as receiving tax receipts.

The Christmas event at our other location (268 Merton Street) was a great success. All tenants came out to participate in singing carols and sharing their experiences of life at Merton Street. Our Entertainer was familiar with Cedarhurst, but it was her first visit to the Merton building.

I would like to say a big thank you to all of the individuals who have provided generous contributions to Ewart Angus Homes Inc. (Cedarhurst). It helps to enhance our wonderful service to those affected with Dementia.

The continued high quality of care and service would not be possible without the dedicated support of all staff, family members, and the Board of Directors of Ewart Angus Homes Inc. Cedarhurst is truly the best place to be for anyone needing care during this phase in their lives.

*Deborah Mahendrarajah
Executive Director
Ewart Angus Homes Inc.*



Cedarhurst

Cedarhurst Board of Directors

Monica Williams, *Chair*

Peter Long, *Past Chair*

Doug Carr

Stuart Douglas

Gene Farley

Sandra Lemon

Bill Martin

Angela Morris

Emrick Suichies

Ann Zerdin

Queries on Donations

Tax receipts will be issued for all donations. If you are interested in making a donation to Cedarhurst, please make your cheque payable to Ewart Angus Homes Inc. For additional questions regarding the "how" and "what" of donations and gifts, please contact Deborah Mahendrarajah, Executive Director at 416-447-1474 ext 222. email: deborah@cedarhursthomes.ca

Did you know?

Policies and Procedures relating to the day-to-day living at Cedarhurst are available for your information and we recommend you familiarize yourself with them. Those relevant to families include: Medication Policy, Pet Policy, and Nutrition Policy. Other Policies/ Procedures soon to be available to families include those relating to family involvement and private caregivers.

Physiotherapy services will be provided to residents by Achieva Health beginning March 1st. Residents wishing to have physiotherapy must have a referral from their physician. Referrals are to be given to Deborah in the Executive Director's office.

Meal Vouchers are available to family members or friends wishing to join a resident for a meal. Each meal costs \$5.00 and vouchers can be purchased through the Executive Director's office. Payment must be made by cheque.

New Cleaning Service: Whiterose Janitorial Services staff have gone above and beyond to catch up with all the cleaning at Cedarhurst. They will be providing a total clean each week and a major spring cleaning once each year.

If you have any concerns or questions about the cleaning of a resident's room, please do not hesitate to contact Deborah in the Executive Director's office.

Income Tax Receipts will be available after March 1st. You can pick them up from the Executive Director's office. If you prefer to have them sent by mail or email, please inform Deborah. A Resource List for families is available from the Executive Director's office. This will help you access additional services if needed.

Cedarhurst Newsletter: If you wish to add anyone you know to our newsletter distribution list, please provide their name and email address to Deborah.

Volunteers are highly valued as an essential part of our Activation Program. If you, or someone you know, is able to contribute your time and skills to the residents of Cedarhurst we would be happy to welcome you as part of our team. For more information please contact Marian Chiramonte or Andrea Streisfield.

A Suggestion Box is located in front of the Executive Director's office. We urge you to make use of it to communicate your suggestions or concerns, or to provide feedback to either Deborah or to the Board of Directors of Ewart Angus Homes Inc. You can include your name or you can remain anonymous, whichever you're more comfortable doing.

Service provider SPRINT meets 100% of accreditation standards

Cedarhurst is delighted to announce that our SPRINT service provider did exceptionally well on their Accreditation Canada Survey in November, 2010. SPRINT met 100% of the 335 Standards applicable to them. SPRINT was particularly commended for having successfully embedded quality improvement in their culture as a way of doing business. The accreditation experience was a positive one for them. For more information visit www.accreditation.ca

Upcoming Events

February

Outings

- Movie Theatre: The King's Speech
- 5 Pin Bowling

Special Celebrations

- A Day at the Beach: Hawaiian Theme
- Heart Month: Facts, Trivia and handouts about the Heart
- Black History Month: Special food, games and facts
- Valentine's Day Tea
- Chinese New Year Party, Games and Food



March

Outing

- Concert: Roy Thomson Hall and Lunch

Special Celebrations

- Mardi Gras Happy Hour
- St. Patrick's Day Party
- Birthday Lunch



Music, dancing and fashion shows are just some of the activities that help keep residents active and involved.

About Cedarhurst

Cedarhurst, one of the Ewart Angus Homes, is a secure, non-medical home exclusively for people with early-to-mid-stage Alzheimer's disease or related dementias who require supervision, support and some assistance with activities of daily living. Residents enjoy private rooms with ensuite bathrooms and inviting common areas, perfect for enjoying time with families and friends.

At Cedarhurst, residents are encouraged to be as involved in the activities of daily living as they are able. Our activation program is geared to the unique needs of adults with Alzheimer's disease and includes programs and activities tailored to meet the needs, interests and abilities of each resident.

Please visit our website at www.cedarhursthme.ca or call us at **416-447-1474** for more information.



Cedarhurst

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