



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <div>May 2018</div> <div>Joyful Living. Every. Day.</div> </div>		<div>1</div> <div> Morning: Chromotherapy, Cranium Crunches Afternoon: Fitness with Dennis, Craft Corner, Balloon Tennis - Caroline </div>	<div>2</div> <div> Morning: Sing-a-long, Morning Stretches Afternoon: Table Games, Mind Aerobics, Happy Hour </div>	<div>3</div> <div> Morning: Puzzles, Jewelry Making Afternoon: Fitness with Dennis, Art Appreciation, Happy Hour </div>	<div>4</div> <div> International Firefighters Day Morning: Good Mornings, Fire Hall Visit, Music with Elsa, Let's Get Fit Afternoon: Fire Hall Visit, Bingo, Comedy Hour </div>	<div> Morning: Daily Chronicles, Penny & Ollie, Stretch & Flex Afternoon: Cinco de Mayo Fiesta: Shall We Dance, Spain Tour </div>
<div>6</div> <div> Morning: Current Events, Gardener's Club: Herb Day Afternoon: Reading Circle, Bingo, Patio Time </div>	<div>7</div> <div> Morning: Chromotherapy, Exercise Afternoon: Ladder Toss, Cranium Crunches PARTY with Emilio </div>	<div>8</div> <div> Morning: Sing-a-long, Mind Aerobics Afternoon: Fitness with Dennis, Table Games, Balloon Tennis - Caroline </div>	<div>9</div> <div> Morning: Chromotherapy, Exercise Afternoon: Cranium Crunches, Bowling Tournament, Music Appreciation </div>	<div>10</div> <div> Morning: Card Games, Reading Club Afternoon: Fitness with Dennis, Artist's Corner, Comedy Hour </div>	<div>11</div> <div> Morning: Current Events, Music with Elsa, Fitness Afternoon: Table Games, World Religions, Happy Hour </div>	<div>12</div> <div> Morning: Daily Chronicles, Penny & Ollie Afternoon: Patio Time: Games, Gardener's Club: Flower Arrangements, Music & Dance </div>
<div>13</div> <div> Happy Birthday Edit! Morning: Chromotherapy, Morning Stretches Afternoon: Happy Mother's Day Mother's Day High Tea: Shall We Dance <small>Mother's Day</small> </div>	<div>14</div> <div> Morning: Puzzles & Board Games, Let's Get Fit! Afternoon: Cranium Crunches, Shuffleboard, Music Hour - Rebecca </div>	<div>15</div> <div> Morning: Current Events, Cranium Crunches Afternoon: Fitness with Dennis (1st & 2nd floors), Artist's Corner, Balloon Tennis - Caroline </div>	<div>16</div> <div> Morning: Puzzles, Fun & Fit Afternoon: Movie Mystery Club Gardener's Club/Artist's Corner: Flower Pressing/Art, Happy Hour </div>	<div>17</div> <div> Morning: Mind Aerobics, Penny & Ollie Afternoon: Fitness with Dennis (1st & 2nd floors), Bowling, Happy Hour </div>	<div>18</div> <div> Morning: Good Mornings, Music with Elsa Afternoon: Ladder Toss, Tea and Cake (Roberta), Happy Hour </div>	<div>19</div> <div> Happy Birthday Roberta! Morning: British Trivia, Royal Wedding Watching, Penny & Ollie, Morning Stretches Afternoon: The Royal Gems, British Music, Happy Hour <small>Armed Forces Day</small> </div>
<div>20</div> <div> Morning: Mind Aerobics, Fitness Afternoon: Table Games, Woodworking, Let's Dance! </div>	<div>21</div> <div> Morning: Current Events, Artist's Corner Afternoon: Virtual Tour of Buckingham Palace, Bean Bag Toss, Music Hour - Rebecca Victoria Day </div>	<div>22</div> <div> Morning: Chromotherapy, Mind Aerobics Afternoon: Fitness with Dennis (1st & 2nd floors), Travelogue: Africa, Balloon Tennis - Caroline </div>	<div>23</div> <div> Morning: Mind Aerobics, Exercise Afternoon: Shuffleboard, Craft Corner Entertainment </div>	<div>24</div> <div> Morning: Puzzles & Board Games, Sing-a-long Afternoon: Fitness with Dennis (1st & 2nd floors), Jewelry Making, Comedy Hour </div>	<div>25</div> <div> Morning: Current Events, Music with Elsa, Morning Stretches Afternoon: Church Service, Ladder Toss, Happy Hour </div>	<div>26</div> <div> Morning: Daily Chronicles Penny & Ollie (1st & 2nd floors), Morning Stretches Afternoon: Bowling, Mind Aerobics, PARTY with Emilio </div>
<div>27</div> <div> Happy Birthday Olga! Morning: Chromotherapy, Cranium Crunches Afternoon: Patio Time: Games Tea and Cake (Olga), Bingo </div>	<div>28</div> <div> Morning: Puzzles & Board Games, Fitness Afternoon: Cranium Crunches: War Trivia, Shuffleboard, Music Hour - Rebecca <small>Memorial Day</small> </div>	<div>29</div> <div> Morning: Puzzles & Board Games, Sing Along Afternoon: Fitness with Dennis (1st & 2nd floors), Artist's Corner, Balloon Tennis - Caroline </div>	<div>30</div> <div> Morning: Mind Aerobics, Gardener's Club: Water a Flower Day Afternoon: Wheel of Fortune, Bean Bag Toss, Happy Hour </div>	<div>31</div> <div> Morning: Chromotherapy, Mind Aerobics Afternoon: Fitness with Dennis (1st & 2nd floors), Table Games, Comedy Hour </div>	<div>  <div> <div>www.cedarhursthome.ca</div> <div>Please Note:</div> <div>All outings are weather pending.</div> <div>"Zen Time" occurs daily.</div> </div> </div>	