

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

“November is a whisper of hope and a song of gratitude”

						Hello November! Fun with Words Tai Chi Happy Diwali Air Hockey Fun & Fit		1	Saturday News Word Ladder Morning Stretches Bowling Bocce Ball Birthday Celebration		2		
								<small>Diwali (Hindu)</small>					
Happy Sunday Riddle Me This Fitness with John Roller Ball History of Daylight Saving Gentle Stretches Where in the World?	3	Coffee Table Word Generator Zumba with Simran Candy Bingo Unusual Chocolate Flavors! Ladder Ball This or That?	4	Good Mornings Cranium Crunches Dance Fitness Ping Pong Toss History of Wigs Happy Moves Singing with Freda	5	News & Views Give Me Five Happy Stretch Art & Craft: Poppy Flowers How It's Made: Doritos Stretch & Flex Spa Time	6	Highlights Junkyard Detectives Let's Move Dice Bingo Pin the Mustache Movember Celebration	7	Greetings Word Search Tai Chi Balloon Batting What's the Flag? Bean Bag Toss Card Games	8	Breakfast Club Double O Game Rhythm & Move Mini Golf Reading Club Saturday Fitness Lucky Roll	9
<small>Daylight Saving Time Ends</small>													
Weekend News Bean Bag Number Toss Sit & Fit Travelogue: India Balloon Stamping: Colors of India Let's Get Moving Table Games	10	Coffee & Chatter Wheel of Letters Remembrance Day Observance Bowling Move & Groove	11	Morning Mingle Word Puzzle Drum Fit Air Hockey Let's go to Nepal! Stretch it Out! Jeopardy	12	Rise & Shine Help Your Neighbour Dice Game Morning Stretch Bucket Ball Place the Face Simple Stretch Have a Laugh or Two	13	Table Topics Words with Starts with N Morning Exercise Snakes & Ladders History of Snakes & Ladders Game Birthday Celebration	14	Friday Chronicles This or That Tai Chi All About: Cappuccino Artist's Corner: Coffee Art Bocce Ball Riddle Me This	15	Saturday News Word Rhyme Game Birthday Celebration Jeopardy Stretch & Flex Dominoes	16
		<small>Veterans Day Remembrance Day (Canada)</small>											
Sunday Catchups Spiritual Wisdom Zumba Uno Photography Club Yoga Stretch Scrabble	17	Monday Mornings Quick Fire Smiles Quiz Love to Move Shuffleboard Mystery Monday: Creepy Islands Basketball Tournament Sing Along	18	Chronicles Missing Double Letters Ball Toss Lucky Roll In the Kitchen- Cheese Cake Demonstration Time to Exercise Jeopardy	19	Coffee & Chatter Cranium Crunches Movement to Music Balloon Volleyball Farmers' Market Fun & Fit Classical Concert	20	Table Topics White Board Games Drum Fit Race to Finish History of the TV Move it to Gain it Spa Time	21	Rise & Shine Chat Junkyard Detectives Tai Chi History of Aviation Crafts: Airplanes Airplane Darts Bowling	22	Breakfast Club Hot Seat Game Chair Dancing Card Games Biography: Fibonacci Fitness Class Karaoke	23
Weekend News Ageless Spirit Sunday Fitness Air Hockey Basketball Pong Fun & Games Guess Who?	24	Morning Catchups Scattergories Bean Bag Toss Roller Ball Where in the World? Move & Groove Jenga	25	News & Views Break the Code Fitness Time Lucky Bounce What was the first ever cake like? Meditate & Stretch Reading Club	26	Wednesday Chronicles Word Ladder Stretch & Flex Bean Bag Tic Tac Toe Guess the Picture Dominoes Happy Hour: Juke Box	27	Highlights Word Puzzle Zumba Racing Strip In the Kitchen: Apple Tarts Love to Move Have a Laugh or Two	28	Happy Friday Odd Word Out Tai Chi Craft: Rings Ring Toss Movement to Music What are they Thinking?	29	Weekend Mingle Word Mining Total Fitness Dominoes Ladder Ball Football Toss Comedy Hour	30
								<small>Thanksgiving Day</small>					