



May 2019



Sunday	Monday	Tuesday	Wednesday		Thursday		Friday	Saturday	
Timing and length of activities are driven by residents' interest and engagement.	*Individual visits also occur based resident preferences.	on	Greetings Stretch & Flex Passport to Singapore Spa Cart Name That Singer	1	Morning News Famous Landmarks Fitness with Dennis Artists Corner Happy Hour	2	3 Good Morning Yoga with Sally Scoops and Games Bingo Chromotherapy	Table Topics Penny & Ollie Visit Fun Fitness Cinco De Mayo Craft Basket Toss	4
5 Greetings Morning Stretch Sombrero Making Passport to Mexico Mariachi Entertainment Cinco De Mayo	Good Mornings Tai Chi Artists Corner Make Your Own Smoothies Piano with Rebecca	6 Morning Greetings Cranium Crunch Fitness with Dennis Spa Cart Travelin' Tunes Tuesday All Bets In!	7 Table Topics Stretch & Flex In the Kitchen Magazine Art Over Under Dice Game	8	Greetings Gardeners Club Fitness with Dennis Who Am I? Dance Party Outdoor Golf	9	10 Good Mornings Yoga with Sally The Art of Laughter Reading Club Tea Party Social	Morning News Penny & Ollie Visit Stretch & Flex Mother's Day Art Blue Jays Game Chromotherapy	11
12 Good Mornings Stretch & Flex Mother's Day Celebration Entertainment with Peter & Helen Mother's Day	1 Table Topics Tai Chi Scoops and Games Logos Quiz Name that Singer	3 Morning News Cranium Crunches Fitness with Dennis Gardeners Club Ping Pong Toss Trivia Night	14 Good Mornings Pawsitively Pets Poetry with Kirk All about me Ping Pong Toss	15	Greetings Finish the Phrase Fitness with Dennis Nix the Six Who am I?	16	17 Morning Greetings Fitness with Chrissy Colouring to music Passport Friday Outdoor Golf	Good Mornings Penny & Ollie Visit Stretch and Flex Cranium Crunches String Art Happy Hour	18
Happy Birthday Jen!19Table TopicsStretch & FlexAll Bets In!Birthday CelebrationEntertainment with Emilio	Greetings Z Tai Chi Artists Corner Who Am I? Piano with Rebecca Victoria Day	0 Good Mornings Cranium Crunch Fitness with Dennis Gardeners Club Frisbee Toss Paint Night	21 Greetings Fitness with Chrissy Reading with Norman Cranium Crunches Dance Party	22	Morning News Discussion Group Fitness with Dennis "Unsolved" Mysteries Chromotherapy Blackjack	23	Happy Birthday Dr. Ashby 24 Table Topics Yoga with Sally Car Emblem Card Game Birthday Celebration Entertainment with Chris	Greetings 25 Penny & Ollie Visit Stretch and Flex Painting with Chrissy Reading Club Over and Under	
26 Greetings Fitness Fun Chromotherapy Nail Spa Trivia	Happy Birthday Olga! 2 Greetings Tai Chi Bingo Birthday Celebration Entertainment with Joe	7 Greetings Colouring to Music Fitness with Dennis Nail Spa Wonders of the World Paint Night!	28 Morning News Dance Fitness Reading Club Ice Cream Bar Ping Pong Toss	29	Table Topics Cranium Crunches Fitness with Dennis Art with Chrissy Touch and Guess Nix the Six	30	31 Good Mornings Stretch & Flex Artists Corner Family Feud Bean Bag Toss	www.CedarhurstHome.ca	

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