



November 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Morning Visits Cranium Crunch Scoops and Games National Authors Day Ring Toss	2 Good Mornings Stretch and Flex Reading Group BINGO! Happy Hour
3 Good Mornings Sit and Be Fit Mad Libs Eye Spy Bean Bag Toss	4 Greetings Tai Chi Poppy Peace Messages Spa Time Piano with Rebecca	5 Morning Visits Riddle Me This Fitness with Dennis Art with Mackenzie Indoor Golf	6 Good Mornings Cranium Crunches Beach Ballin' Let's Explore (Adelaide, Australia) Saxophone Day	7 Morning Greetings Fill in the Blanks Fitness with Dennis Wheel of Fortune Dancing to The Oldies	8 Good Mornings Yoga with Sally Science Experiments 101 Reading Group Shuffle Board	9 Table Topics Dance with Mithila Xbox Fun Chromotherapy Trivia Time
10 Greetings Sit and Be Fit Origami Making Do you Hear What I Hear? Ring Toss	11 Morning News Remembrance Day Observance Hot Seat Sit and Be Fit Piano with Rebecca Remembrance Day	12 Morning Greetings Word Jumbles Fitness with Dennis Art with Mackenzie Over Under Dice Game	13 Good Mornings Tai Chi Poetry with Kirk Sculpting Class Shuffle Board	14 Greetings Cranium Crunches Fitness with Dennis Name That Tune Happy Hour	15 Good Mornings! Yoga with Sally Bracelet Making National Philanthropy Day Balloon Tennis	16 Greetings Xbox Fun Knitting Club Birthday Celebration Entertainment with Vivianna
17 Table Topics Stretch and Flex Colouring and Dominos Birthday Celebration Entertainment with Emilio	18 Morning Greetings Tai Chi All about Movember Game and Puzzle Day Piano with Rebecca	19 Good Mornings Discussion Group Fitness with Dennis International Men's Day Ping Pong Toss	20 Greetings Cranium Crunches Reading with Norman Grocery Flyers Game Shuffle Board	21 Morning Visits Artists Corner Fitness with Dennis Art with Mackenzie Bean Bag Toss	22 Greetings Yoga with Sally What am I? Beach Ballin' Dance it Out	23 Good Mornings Stretch and Flex National Espresso Day BINGO!
24 Morning Visits Word Scramble Wheel of Fortune Knitting Club Indoor Golf	25 Greetings Tai Chi In the Kitchen Black Jack/Card Games Piano with Rebecca	26 Greetings Cranium Crunches Fitness with Dennis Passport to Ohio Ping Pong Toss	27 Good Mornings Sit and Be Fit Scoops and Games Reading Group Shuffle Board	28 Morning Greetings Picture It Photos Fitness with Dennis Art with Mackenzie Happy Hour	29 Greetings Brain Benders Knitting Club Role Models Discussion Bocce Ball	30 Table Topics Sit and Be Fit All about Aviation Chromotherapy Trivia Time