





July 2019



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
		Greetings Tai Chi Canada Day Cranium Appreciating Canada Maple Leaf Toss CANADA DAY	1	Greetings Coloring to Music Cranium Crunch Shuffleboard A Spoonful of Sound	2	Table Topics Dave and Taffy Visit Morning Stretches One Giant Leap: Apollo Over Under Dice Game	3	Greetings Who Am I? Gardeners Club Spa Cart BINGO!	4	Morning News Yoga with Sally Passport to Poland Apples to Apples Apple Turnover Day	Greetings Stretch and Flex Reading Group Arts and Crafts Fill in the Blank
Greetings Dance Fitness Patio Games Chromotherapy Name That Tune	7	Daily Chronicles Tai Chi Scoops and Games Gardeners Club Trivia	8	Good Mornings Beach Ballin Fitness with Dennis In the Kitchen Outdoor Golf	9	Good Mornings! Stretch & Flex Summer Art Holy Cow Ping Pong Toss	10	Greetings! Cranium Crunch Fitness with Dennis Happy Hour	11	Greetings! Yoga with Sally Family Feud Nix the Six Dice Game Sing-A-Long	Greetings Summer time Family BBQ Shuffle Board
Greetings Morning Stretches Reading Club Patio Table Games Guess that Sound	14	Greetings Tai Chi Cranium Crunches Zen Doodle Moon Art Bottle Toss	15	Morning News Pawsitively Pets Fitness with Dennis Did You Know? Black Jack	16	Greetings Dave and Taffy Visit Stretch & Flex Poetry with Kirk Gardeners Club Ladder Ball	17	Greetings Cranium Crunches Fitness with Dennis Ice Cream Social Shuffleboard	18	Greetings! Dance Fitness Science Lab Patio Painting Over and Under	Daily Chronicles Sharing Treasures Climb the Matterhorn 3D Butterfly Coloring Unusual Sports
Greetings Stretch and Flex Passport to Switzerland Ping Pong Toss BINGO!	21	Happy Birthday Ron Greetings Tai Chi Discussion Group Birthday Celebration Classical Entertainment	22	Greetings Family Feud Fitness with Dennis Match Songs with Movies	23	Happy Birthday Barbara-A Dave and Taffy Visit Cranium Crunches Knitting Club Birthday Celebration Entertainment with Joe	Ann 24	Happy Birthday Jean Greetings Picture It Photos Fitness with Dennis Birthday Celebration Entertainment with Louise	25	Greetings Yoga with Sally In the Kitchen Artists Corner Shuffle Board	Table Topics Stretch and Flex! Bean Bag Toss Blue Jays Game Patio Topics
Good Mornings Cranium Crunches Blue Jays Game Garden Games Did You Know?	28	Greetings Tai Chi Reading Club Mad Libs Bottle Toss	29	Happy Birthday Konnie Table Topics Word Game Fitness with Dennis Birthday Celebration Entertainment with Scott	30	Morning Greetings Dave and Taffy Visit Fitness Fun! Categories Over Under Dice Game Dance Party	31			www.cedarhursthome.ca	Timing and length of activities are driven by residents' interes and engagement.