


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>July 2025</h1> <p><i>"July: A time to celebrate the sun, the season, and a lifetime of memories."</i></p>		Good Morning Canada Word Search Exercise Club Artful Weavings All About Canada Fun & Fitness Canada Day	1 In The News Food Around the World Fun & Fit Individual Cognitive Therapy Roller Ball Welcome to July Love to Move Dominoes	2 Highlights Old Wives Tales Chair Dancing Rover Program Bowling All About: Dolly Parton Stretch & Flex Let's Sing!	3 Greetings! July 4th Word Finder Tai Chi Individual Cognitive Therapy Shuffleboard Independence Day: USA Exercise Club Football Tournament	4 Morning News Junk Yard Detectives Drum Fit Individual Cognitive Therapy Spa Time Visiting Yellowstone Park Fitness Club Karaoke
Breakfast Club Chronicles Move & Groove Individual Cognitive Therapy Card Games Ping Pong Toss Basketball Tournament Snakes & Ladders	6 Good Mornings Scattergories Patio Fitness Rover Program Individual Cognitive Therapy Bingo All About: Chocolate Bean Bag Toss	7 Table Topics Fun Puzzles Fitness Time Road Trip Memories UK Choir Group	8 Chronicles Riddle Me This Move to Music Individual Cognitive Therapy Exploring Sun Setting Birthday Celebration	9 Coffee Table Word Mining Zumba Rover Program Individual Cognitive Therapy Travelogue to P.E.I. Fitness This or That	10 Rise & Shine Red or Black Game Tai Chi Individual Cognitive Therapy Beach Ball Game Music Appreciation Afternoon Fitness	11 News & Views Trivia Time Let's Move Bean Bag Number Toss What Are They Thinking Sit & Stretch Jeopardy
Sunday News Spiritual Wisdom Rise & Shine Stretch Hungry Hungry Cups You be the Judge Ladder Ball Toss Jenga	13 In the News The Red Game On the Patio Rover Program What's in the Bag Reading Circle Exercise Club Dominoes	14 Breakfast Club Cranium Crunches Let's Move Ping Pong Toss Jewelry Making Bowling Sing Along	15 Highlights Word Ladder Outdoor Fitness Individual Cognitive Therapy Arts & Craft with Rozmin Gentle Stretches Happy Hour	16 Headline News Junk Yard Detectives Walking Club Rover Program Golf Championship Move and Groove Have a Laugh or Two	17 Table Topics Ying and Yang Tai Chi Individual Cognitive Therapy Table Pong Basketball UNO	18 Highlights Pictionary Fitness Club Individual Cognitive Therapy Spa Time Road Trip: Route 66 Chair Yoga Snakes & Ladders
This Day in History Trivia Time Fitness Individual Cognitive Therapy Bowling Card Games Ladder Ball Classical Music	20 Greetings Word Search Simple Stretch Rover Program Individual Cognitive Therapy Tin Can Alley All About: Cirque du Soleil Gentle Stretches	21 Rise & Shine Things That Go Together Rhythm & Move Art Club: Finger Painting Shuffleboard Fitness Club Dominoes	22 Wednesday Greetings Word Search Walking Club Individual Cognitive Therapy Travelogue: Maldives Roller Ball Happy Hour	23 Good Mornings Give Me 5 Stretch & Flex Rover Program Individual Cognitive Therapy Noodle Hockey Card Games Time to Move	24 Happy Day Odd Word Out Tai Chi Individual Cognitive Therapy Time Travel: 50s & 60s Golf Club Love to Move Patio Social	25 Coffee Table What Am I Ball Toss Shuffleboard on the Patio Table Games Sit & Fit Snakes & Ladders
Happy Sunday Ageless Spirit Morning Stretches Beach Volleyball Guess the Country Sit & Fit Jenga	26 Morning Chronicles Old Wives Tales Zumba Rover Program Art Club Mystery Monday Ladder Ball UNO	27 Chat & Music What is the Next Word? Walking Club Air Hockey Destination Travel - India Basketball Dominoes	28 Headline News Matching Game Stretch & Flex Origami: Fans Patio Games Fitness Club Happy Hour	29 This Day in History Matching Cards Game Let's Move Rover Program Roller Ball Jeopardy Move & Groove Active Games	<div>   </div> <p>www.cedarhursthome.ca</p>	

The timing and length of the activities may change as they are driven by residents' interest and engagement. * Individual visits also occur...