

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 www.cedarhursthome.ca	Breakfast Club Word Ladder Zumba Class Individual Cognitive Therapy All About: Labor Day Rollerball Game Simple Stretching Labor Day	This Day in History Walking Club Urban Myths Individual Cognitive Therapy Artist Corner: Peacock Collage Chair Yoga	Coffee & Chat What's in My Room Let's Dance Bucket Ball Red or Black Card Game Bowling	Chronicles Double OO game Fitness Club Individual Cognitive Therapy Ladder Ball Rover Program Tin Can Alley	Morning Chat Scattergories Tai Chi Individual Cognitive Therapy Book Club Bean Bag Toss Stretch & Flex	Rise & Shine Riddle Me This Let's Get Fit Ping Pong Toss Air Hockey All About Julia Child UNO
Morning Mingle Grandparents Day Word Search Stretch & Flex Let's Move Grandparents Day Celebration: Magician Performance Grandparents Day	Happy Monday Words Starting with S Quiz Sit & Fit Individual Cognitive Therapy Rizzo's Paw Visit Bowling Jenga	Greetings This or That Balloon Volleyball Rover Program History of Sewing Machine Art & Craft: Patch Work Afternoon Fitness Dominoes	In the News Where in the World? Fitness Class Shuffleboard Jeopardy Simple Stretch	Morning Chat Rizzo's Paw Visit Love to Move Reading Club Roller Balls Basketball Tournament	Headline News Junkyard Detectives Tai Chi Individual Cognitive Therapy The Price is Right Ring Toss Ladder Ball	Saturday News Rhubarb & Custard: Food Paring Game Group Fitness Individual Cognitive Therapy Place the Face Indoor Bocce Game Sit & Fit
Rise & Shine Ageless Spirit Rhythm & Move Individual Cognitive Therapy Snakes & Ladders Old Wives Tales Boogy Ooogy Dance Moves	Coffee Table Fun Riddle Solving Ball Toss Individual Cognitive Therapy Rizzo's Paw Visit Art Club: Rock Painting Chair Yoga	Happy Day! Odd Word Out Quiz Patio Fitness Individual Cognitive Therapy Pipe Ball Game You Be the Judge Fun & Fit	This Day in History Caption the Pictures Ballet First to Win Rover Program Discussion Group: Oldest fast-food chains Stretch & Flex	Breakfast Club Rizzo's Paw Visit Walking Club Individual Cognitive Therapy History of Pizza In the Kitchen: Cheese Pizza Karaoke	Greetings 5 Second Rule Tai Chi Individual Cognitive Therapy Jeopardy Mini Golf Simple Stretch	Good Morning Red or Black? – Card game Happy Stretch Bowling All About Oktoberfest Move & Groove Oktoberfest Begins
Happy Sunday! Words of Wisdom Zumba Air Hockey Around the World Let's Get Moving	Morning Chronicles Word Ladder Fitness Time Individual Cognitive Therapy Rizzo's Paw Visit All About: Autumn Equinox Spa Cart Balloon Volleyball Rosh Hashanah Begins Autumn Begins	Table Topics Cranium Crunches Movement to Music Ping Pong Toss Reading Group Ring Toss	Chat & Music Odd One Out! National Ballet All About: Cheese Wine Down Wednesday Shuffleboard	Rise & Shine Rizzo's Paw Visit Chair Yoga Zentagle Art Rover Program Basketball Tournament	What's in News Dice Game: Lucky Roll Tai Chi Individual Cognitive Therapy Tin Can Alley Riddle Me This Sit & Stretch	Highlights Guess My Job! Stretch & Flex Individual Cognitive Therapy Mini Golf Sing Along Ladder Toss
Sunday Catchups Spiritual Wisdom Let's Move Individual Cognitive Therapy Roller Ball Jeopardy Simple Stretch	Hello Monday! Scattergories Walking Club Individual Cognitive Therapy Rizzo's Paw Visit Bowling Competition History of Lotto Ticket Fitness Class	Good morning! Opposite Attract Love to Move Individual Cognitive Therapy Rover Program Biography: Princess Diana Basketball Shuffleboard	<div> <h1>September 2025</h1> <p><i>"Better Together in September"</i></p> </div>			

The timing and length of the activities may change as they are driven by residents' interest and engagement. * Individual visits also occur.