

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Knitting Club Sudoku and Crosswords Dance Fitness Choir Group	2 Walking Group Trivia Time <b>Scoops and Games</b> Art with Mackenzie	3 Tai Chi Tie Dye Art <b>Seniors Month Focus</b> Reading Circle	4 Bracelet Making BINGO! Cheeses of the World Fitness Time Mad Libs	5 <b>Happy Birthday</b> World Environment Day Patio Stretches Artists Corner <b>Birthday Fun and Games</b>	6 Stretch and Flex in the Garden D-Day WWII Discussion Yo-Yo Making Craft Ball Toss
7 <b>Happy Birthday</b> Sculpting Class Patio Stretches Youtube Weekly <b>Birthday Fun and Games</b>	8 Tai Chi Table Games World Ocean Day Choir Group	9 Fitness Time What am I? <b>Food for Thought</b> Knitting Club	10 Sit and Be Fit You be the Judge <b>Passport to Cleveland, Ohio</b> Art with Mackenzie	11 Tablet Games <b>Seniors Month Focus</b> Fitness Time Wheel of Fortune	12 Seated Yoga Spiritual Readings 1:30 – Lemonade Social 3:15 – Red Rose Day Craft	13 10:30 – Dance Fitness 11:15 – Trivia Time 1:30 – National Weed your Garden Day 3:15 – Shuffle Board
14 Sit and Be Fit Spa Cart National Flag Day Balloon Tennis	15 <b>Happy Birthday</b> National Nature Photography Day Patio Stretches Leaf Craft <b>Birthday Fun and Games</b>	16 Knitting Club Star of the Month: Tony Curtis Fitness Time Veggies and Dip Art with Mackenzie	17 Youtube Weekly Patio Stretches <b>Exploring Sweden (AC)</b> Xbox Fun	18 Cranium Crunches Artists Corner Fitness Time Picnic Themed Snack Time Outdoor Golf	19 Seated Yoga Origami Folding <b>Seniors Month Focus</b> Virtual Road Trip Cranium Crunches	20 Xbox Fun Spring into Summer! Knitting Club Summer Solstice <b>First Day of Summer</b>
21 Fishing Trip Exercise Father's Day Wit and Wisdom Men's Club Card Games Bowling Tournament <b>Father's Day</b>	22 Artists Corner Stretch and Flex Art with Mackenzie First Nations Day Build Our Own Rainforest	23 Ping Pong Toss Cranium Crunches Fitness Time National Pink Day! Wheel of Fortune	24 Sit and Be Fit Patio Stretches <b>Seniors Month Focus</b> Dance it Out	25 Shuffle Board Spiritual Meditation <b>Passport to Brazil</b> Xbox Fun	26 Seated Yoga Knitting Club Lemonade Social Beauticians Day (Spa Cart)	27 Stretch and Flex Dominoes/Card Games Target Throw BINGO!
28 Sculpting Class Patio Stretches Youtube Weekly Discussion Group	29 Tai Chi Outdoor Gardening International Mud Day (DIY Mud Masks) <b>Seniors Month Focus</b> Choir Group	30 Cranium Crunches Spiritual Readings Fitness Time Meteor Day			<a href="http://www.cedarhursthome.ca">www.cedarhursthome.ca</a>	<i>Timing and length of activities are driven by residents' interest and engagement.</i>