


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy New Years! Word Games Fun &amp; Fitness with John Bowling Reading Circle: Ellis Island Love to Move Balloon Tennis</p> <p><small>New Year's Day</small></p>	<p>Monday News 5 Second Rules Movement to Music Men's Club: Dominoes World Peace Day Exercise Club Tabletop Curling</p>	<p>Highlights Cranium Crunches Stretch &amp; Flex Table Games: Dominoes Balloon Volleyball Fitness Concert: MozART</p>	<p>Table topics Scattergories Let's get Moving At the Spa <b>Birthday Celebration</b> Fun &amp; Fitness</p>	<p>Breakfast Club Hot Seat Game Love to Move Shuffleboard <b>Bird Day</b> Soccer &amp; Games Guess Who?</p>	<p>Coffee &amp; Chatter Music Therapy Fitness with Doug Junk Yard Detective Golf Exercise Group Balloon Tennis</p>	<p>Weekend News Old Wives Tale Saturday Fitness Art Club: Scrap Booking Movement to Music Fruit Dominoes</p>
<p>Good Mornings Mind Benders Morning Exercise Spiritual Wisdom <b>Stargazing: Elvis Presley</b> Afternoon Fitness Walking Songs</p>	<p>Rise &amp; Shine Fun with Words Rise &amp; Shine Stretch Balloon Games <b>All About: Icebergs</b> Ring Toss Monday Mystery</p>	<p>Greetings Word Games Fun &amp; Fitness Bean Bag Toss Table Games: Dice Bowling Afternoon Fitness Card Games</p>	<p>Wednesday Chronicles Riddle Me This! Stretch &amp; Flex You Be the Judge Ping Pong Toss Active Games Concert</p>	<p>Headline News Cranium Crunches Exercise with Doug Spa Time Bingo Afternoon Fitness Shuffleboard</p>	<p>News &amp; Views Hot Seat Game Yoga with Sally Balloon Tennis <b>History of Rubber Ducks</b> Let's Get Moving Walking Club</p>	<p>Table topics What's the Word Morning Fitness Ball Games Reading Club Meditation &amp; Stretch Dominoes</p>
<p>Sunday Catch Ups Hymn Sing Love to Move Word Games <b>Birthday Celebration</b> Happy Hour</p>	<p>Coffee &amp; Chatter Mind Benders Monday Fitness Shuffleboard <b>All About: Monday Blues</b> Fun &amp; Games Monday Mystery</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>Tuesday Chronicles 5 Second Rule Fun &amp; Fitness Balloon Games In The Kitchen: Pizza Making Stretch &amp; Flex Pub Tuesday</p>	<p>In The News Scattergories Rhythm and Move Poetry Club Fruit Dominoes Gentle Stretches Happy Hour</p>	<p>Table topics Mind Benders Fitness with Doug Old Wives Tale <b>Artist Corner: Andy Warhol</b> Balloon Volleyball Soccer &amp; Games</p>	<p>Weekly Highlights Music with Sonja Fun &amp; Fitness Scattergories Ping Pong Toss Sit &amp; Fit Dance Concert</p>	<p>Breakfast Club Hot Seat Game Stretch &amp; Flex Card Games Balloon Tennis Exercise Group Shuffleboard</p>
<p>Weekend News Hot Seat Game Movement to Music <b>Chinese New Year!</b> <b>Travelogue: China</b> Exercise Shuffleboard</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>Monday Chronicles 5 Second Rule Sit &amp; Fit Reading Club Bean Bag Toss Love to Move Happy Hour</p> <p><small>Activity Professionals Week</small></p>	<p>Headline News Word Games Stretch &amp; Flex Spin The Wheel Poetry Club <b>Birthday Celebration</b> Dominoes</p>	<p>Greetings Cranium Crunches Fitness with John <b>Robbie Burns Day</b> Poetry Club Wednesday Move Tabletop Curling</p>	<p>Rise &amp; Shine Old Wives Tale Morning Fitness Name That Tune! <b>Travelogue: Australia</b> Movement to Music Have a Laugh or Two</p> <p><small>Australia Day (observed)</small></p>	<p>Friday Chronicles What's the Word Yoga with Sally Junk Yard Detectives <b>All About: Chocolate Cake</b> Fitness &amp; Games Happy Hour</p>	<p>In The News Bean Bag Toss Saturday Exercises Hymn Sing Fun &amp; Games Afternoon Fitness Sing Along</p>
<p>Morning Highlights Ageless Spirit Sunday Fitness Bingo! Stretch &amp; Relaxation Ball Games</p>	<p>Table Topics Scattergories Rhythm &amp; Move Card Games Hot Chocolate Social Monday Moves Concert</p>	<p>News &amp; Views Cranium Crunches Spin The Wheel Fitness Go Fish Art Club: Heart Making Walking Club</p>	 <h1>January 2023</h1>			

\*Timing and length of activities may change as they are driven by residents' interest and engagement.

\*Individual visits also occur.