

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  <h1 style="color: magenta; font-size: 2em; margin: 0;">May 2021</h1> 						
<p>Breakfast Club 1 Get Fit All About May Day You Be The Judge May Day Games Get Ready For The Races Kentucky Derby Fun</p>	<p>Morning Greetings 2 Chair Yoga North Dakota Eagles Garden Scrabble Stretch & Flex Sunday Afternoon Laughs</p>	<p>Morning News 3 Balloon Tennis Name That Herb Fun With Textiles Stargazing: Paul Newman Carpool Karaoke</p>	<p>Good Mornings 4 Yoga Science Time Get Fit with Doug Soul Talk The Crown</p>	<p>Table Topics 5 Love To Move Cinco de Mayo Day Mexico Travelogue Cinco de Mayo Party</p>	<p>In The News 6 Spa Time Roll A Garden Game Fitness with Doug Biography: Florence Nightingale Canadian Music Concert</p>	<p>Breakfast Club 7 Let's Get Fit Space & Beyond Game Meditation Ask An Astronaut Travelogue: Barcelona, Spain</p>
<p>Morning Chat 9 Mother's Day Prayer Mother's Day Laughs Table Games Mother's Day Tea Patio Time Mother's Day</p>	<p>Breakfast Club 10 Artist of the Week Art Club Spa Day World Wide Teas Bean Bag Shuffleboard</p>	<p>Table Topics 11 Good Morning Meditation Feel Good News In The Kitchen On The Patio: Croquet</p>	<p>Greetings 12 Charter For Compassion Junk Drawer Detective Expose The Secret Stretch & Flex Games Table</p>	<p>Headline News 13 Fitness with Doug Flower Power Story Bingo Gardening Club Happy Hour</p>	<p>Good Mornings 14 Cranium Crutches Ageless Spirit Wheel of Fortune Fitness Concert: Neil Diamond</p>	<p>Morning News 15 Dance Fitness Famous Castles: Germany Cranium Crunches On The Patio</p>
<p>Greetings 16 Weekend Fitness! Scattergories Blue Jays Sunday Laughter Yoga Games Table: Dice & Cards</p>	<p>Breakfast Club 17 What IS UNESCO? Venice: Poem Reading Balloon Tennis Meditation with Deborah Carpool Karaoke</p>	<p>Good Mornings 18 All About The Garden Walking with Doug Cranium Crunches Spa Cart Pub Tuesday</p>	<p>Morning News 19 Love To Move Art Class: Sculpting Board Games Birthday Celebrations Mystery Theatre</p>	<p>Breakfast Club 20 The Price Is Right Scattergories Fitness with Doug Meditation Acapella: The Buzztones</p>	<p>In The News 21 Friday Fitness Solve That Puzzle Travelogue: Australia Happy Hour</p>	<p>Morning Chat 22 Yoga Reading Circle Dance Fitness Armchair Travel: Vancouver Island Carnegie Hall</p>
<p>Morning Chat 23 Bean Bag Shuffleboard Yoga with Deborah Table Games Creative Minds On The Patio</p>	<p>Breakfast Club 24 Bio: Queen Victoria Art Club Fitness Birthday Celebration Victoria Day Patio Party VICTORIA DAY</p>	<p>Table Topics 25 Chair Dancing Cranium Crunches Ontario Wines Wine & Cheese Social Greek Ballet</p>	<p>Greetings 26 How it's Made Biography: Jane Goodall Stretch & Flex Jazz Hour: Miles Davis</p>	<p>Headline News 27 15 Unbelievable Places In The World Shout It Out Walking With Doug Spa Time Happy Hour Bingo</p>	<p>Good Morning 28 5 Second Rule Bees: Why They Matter Poetry Discussion Getting Fit Acapella Concert: Masters of Harmony</p>	<p>29 Saturday Morning News Dance Fitness Scattergories Golfing Disney Musical Hits</p>
<p>Highlights 30 Rise And Shine Stretch Shout It Out Blue Jays Sunday Get Creative Have A Laugh, Or Two</p>	<p>Greetings 31 Current Events Ageless Spirit Move With Deborah In The Garden Patio Fun</p>	<p>*Timing and length of activities are driven by residents' interest and engagement. *Individual visits also occur based on resident preferences. *Time spent outdoors will be dictated by the weather</p>				<p>www.cedarhursthome.ca</p>